# What you will need

- 1 x adjustable heat source ie cooker
- 1 x pan not aluminum
- 2 x bowls plastic or steel
- Rain water if possible tap water if not
- Tongs/fork and spoon
- Dye source white/ red onion skins or avocado skins & pips
- Elastic bands, string, tin foil and jam jar
- Pure soap ie castile soap or ecover or washing up liquid
- Fabric marker, strong thread, needle and scissors

## Agenda for Day

### PART ONE

Introduction looking at examples of what you will achieve today and results you are looking to get.

Health & Safety of natural dyes in the kitchen.

### PART TWO

Scouring using you own piece of cloth. For this you will need a pan/bowl and the provided soda crystals - and/or drop of liquid soap. Fabric best if cotton or linen but can do with silk/wool.

## PART THREE

Mordanting - unmordanted fabric piece in your pack, white/clear vinegar, soda ash and alum from your pack. A small bowl for soaking, cheesecloth, and elastic bands/string. This can be done over your scouring pot if on a heat source.

## PART FOUR

Dye bath prep - saved onion skins or avocado skins and pips. Keep red and white onion skins separate. Avocado skins and pips must be cleaned of flesh and can be kept frozen in a bag until needed.



BREAK

#### PART FIVE

Shibori on pre mordanted fabric in kit - needle, thread and fabric marker pen. Please use either a friction pen or water soluble.

## PART SIX

Bundle dyeing and solar dyeing - fabric and plant stuff in pack. Additional foraged leaves, onion skins and flowers. You will need a jar and embroidery thread for solar dyeing.

#### BONUS

Water colour from dye bath - if we have time we will make a water colour from the dye bath. Having a brush and some paper on hand would be helpful.

