

## Requirements list

Participants will need:

- One piece of own fabric in linen/cotton/silk or wool
- Pan x 1 *not aluminium* - 2 pans are better if possible
- Bowls - minimum of two either plastic or metal
- Elastic bands, string, scissors and tin foil
- Fabric marker - friction or water soluble
- Thread - strong, needle and scissors
- Ruler - or something with a straight edge
- Jam jar or Mason/Kilner jar - small not over 500ml
- White/clear vinegar
- Soap - pure soap such as castile or Ecover, or washing up liquid if not
- White/red onion skins - try to keep them separate as you save them
- Avocado skins and pips clean of all flesh. They can be stored in the freezer until the class
- Foraged leaves and flowers from the garden - you can use things such as herb robert, dandelions, fresh new tree and shrub leaves are good at this time of year



If people do not want to buy a kit then they will also need:

- Soda crystals
- Soda Ash
- Alum - this can be bought from a chemist, some supermarkets or online.
- Fabric - silk/linen or cotton in 25cm squares x 2/3, these will need to be scoured prior to class
- Natural dye materials in addition to above if they want